



Harold Weed
Region V PAC Coordinator

During Harold's career as a letter carrier for the USPS, he stayed involved with union activities with the National Association of Letter Carriers (NALC). At the local level, Harold spent time as NALC Branch Secretary, Vice President, Director of Retired Members and Congressional Legislative Liaison (CDL) in Minnesota's First Congressional District.

Within the NALC MN State Association Harold held positions of Vice President, President, CDL, Board Member, and Director of Retired Members. Harold's last seven years with the USPS, were as an Employee Involvement Facilitator representing labor and assigned to the central and southwestern areas of Minnesota.

After his retirement, he "drifted" into NARFE, and took on leadership roles as Chapter President, District 3 Field Officer, and NARFE Region V PAC Coordinator.

Harold's Congressman, Tim Walz, is a member of the Mankato NARFE Chapter.

Some of Harold's spare time was spent canoeing the rivers around Southern Minnesota. He spent time as President of the Mankato MAD Runners and co-editor of the MAD Runners newsletters. He completed three marathons; biked the 100 mile Tucson, Arizona, ride; and, in 1990 bicycled across Montana at the age of 53. He now confines biking trips to the roads and trails around his home in Mankato, Minnesota.