



Lois Nowlin
Region V Alzheimer's Coordinator

Lois Nowlin is the NARFE Region V Alzheimer's Coordinator. She works with the Federation Alzheimer's Coordinators in providing guidance and assistance, education and updates on Alzheimer's disease and research. She is a member of the National Alzheimer's Committee working with the Chair of NARFE National Alzheimer's Committee and the Alzheimer's Association.

Lois retired in 2014 after 29 years of federal service at the VA (Veterans Affairs) St. Louis Health Care System (VASTLHCS). During her VASTLHCS career she worked in the role of a staff nurse, Nurse Manager, Quality Improvement Specialist, Nurse Recruiter, and Associated Chief Nurse for Extended Care and Rehabilitation Services/Spinal Cord Injury. She actively participated in various medical center committees and collaborated with staff from executive leadership to front line staff.

Lois was a Major in the United States Army Reserves. Her military service as a reservist (from 1985-2002) includes eight years in the Army Nurse Corp with the 25th MASH (Mobile Army Surgical Hospital) and nine years with the 21st General Hospital. She served as OIC (Officer in Charge) in the Emergency Medical Treatment section (21st and 25th), Security Officer, Retention and Orientation Officer (25th).

Lois has been a member of NARFE Chapter 112 in St. Louis, Missouri since 2013 and the Chapter Alzheimer's Chair for Chapter 112 since 2014. She plans and coordinates fundraising activities and submits the donations for NARFE Alzheimer's Research, provides updates and education to the members for chapter distribution. In 2015 Lois was appointed as the Missouri Federation Alzheimer's Coordinator. She reports Alzheimer's activities to the Federation Executive Board and coordinates Alzheimer's activities for the Federation convention. She receives, logs and submits the Missouri Federation Chapter donations to the Alzheimer's Association. She distributes information from the Region V Coordinator to the Chapter Alzheimer's Chairs.

Lois attended college at St. Louis Community College (Associate Degree in Nursing), St. Louis University (Bachelor of Science in Nursing) and Southern Illinois University (Masters of Science in Nursing – Health Care Administration focus).